



# University Surgical Associates

*Exceptional surgeons. Compassionate care.*

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## **Sitz Marker Instructions**

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The patient will obtain an order from their doctor and will be given some pills to take home. It is important to write down the date and time you took the pills and bring it to the scheduled Xray appointment.

The patient will then come to outpatient Xray for a plain abdominal film 5 days after taking the pills and 7 days after taking the pills. Make sure to count out the days before taking the pills to ensure that you don't end up needing an Xray on the weekend!

Your doctor will discuss the results with you in the office. Make sure to schedule an appointment.