



University Surgical Associates

Exceptional surgeons. Compassionate care.

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BOWEL PREP INSTRUCTIONS

******Please stop any aspirin or ibuprofen products 10 days prior to the procedure. If you are taking plavix, platol, Coumadin or any medicine that thins your blood, please call your doctor to arrange stopping it prior to the procedure.******

Bowel Prep (starts on) _____

Dietary Modifications

Nothing by mouth after midnight the evening before surgery or colonoscopy